

Leaving Your Computer On or Off

ON or OFF: Turning off my computer or just leave it run when I am not using it? This issue has been in disagreement for many years.

Reasons for leaving it on; the chip stays at constant temperature and computers do not usually like to be turned on and off due to the spikes or surges of electricity going through its circuitry.

Reasons for turning it off; why allow your hard drive (a spinning metal disk rotating at speeds upwards of 8,000 rpm's) to continually spin on a very delicate electronic device? Hard drives allowed to be left on does and will shorten the life of any hard drive! Why leave your porch lights to burn 24 hours a day? A computer power source is usually about 250 watts and up. That is like leaving 4 x 60 watts bulbs to burn in your house 24 hours a day, 365 days a year! It costs you money!

Please use a common sense approach. TURN IT OFF when you are not using it! Why waste energy?